



Michael P. Hein, Ulster County Executive  
 Carol Smith, MD, MPH  
 Commissioner of Health and Mental Health



# CRISIS AND BEHAVIORAL HEALTH SERVICES

## ULSTER COUNTY CRISIS RESOURCES

24 HOUR CRISIS HOTLINE FAMILY OF WOODSTOCK, INC. <b>(845) 679-2485 or (845) 338-2370</b>	
ULSTER COUNTY MOBILE MENTAL HEALTH ACCESS: Supports for Living <b>1-844-227-4820 (toll free)</b>	
Suicide Prevention Lifeline <b>1-800-273-TALK (8255)</b>	
Crime Victim Assistance Program <b>845-340-3442</b>	

## THE ULSTER COUNTY SPEAK APP



*"I urge everyone to download this free Smartphone App. It is a valuable tool which allows family members and friends to recognize the warning signs of suicide, empowers them with information and provides them with the ability to immediately connect to expert assistance."*

**Ulster County Executive Mike Hein**



## NYS OMH LICENSED MENTAL HEALTH TREATMENT CLINICS

ADULTS:	CHILDREN & ADOLESCENTS:
HUDSON VALLEY MENTAL HEALTH <b>845-340-4000</b>	ASTOR SERVICES FOR CHILDREN & FAMILIES <b>845-340-4105</b>
INSTITUTE FOR FAMILY HEALTH <b>845-338-2562</b>	DSS COORDINATED CHILDREN'S SERVICES <b>845-334-5050</b>
PINE GROVE CENTER <b>845-339-4733</b>	INSTITUTE FOR FAMILY HEALTH <b>845-338-2562</b>
HEALTH ALLIANCE OF THE HUDSON VALLEY WESTCHESTER MEDICAL CENTER HEALTH NETWORK ADULT PARTIAL HOSPITALIZATION <b>845-334-3120</b>	ROCKLAND CHILDREN'S PSYCHIATRIC CENTER SCHOOL BASED CLINIC: PORT EWEN <b>845-339-5707</b> SCHOOL BASED CLINIC: SAUGERTIES <b>845-246-0134</b>
	HEALTH ALLIANCE OF THE HUDSON VALLEY WESTCHESTER MEDICAL CENTER HEALTH NETWORK ADOLESCENT PARTIAL HOSPITALIZATION <b>845-334-3110</b>

## NYS OASAS LICENSED SUBSTANCE ABUSE TREATMENT CLINICS

THE BRIDGE BACK AT HAHV <b>845-943-6091</b>	STEP ONE <b>845-334-8590</b>
ALCOHOLICS ANONYMOUS <b>845-331-6360</b>	NARCOTICS ANONYMOUS <b>888-590-5423</b>

**NAMI MID-HUDSON (845) 206-9892 (Please leave message.)**

NAMI NYS HELPLINE: 1-800-950-3228